

Bullock Community and Recreation Center 1428 Broad Street Selma, Al 36701 Phone # 334-553-2736 SEPTEMBER 2023 Calendar

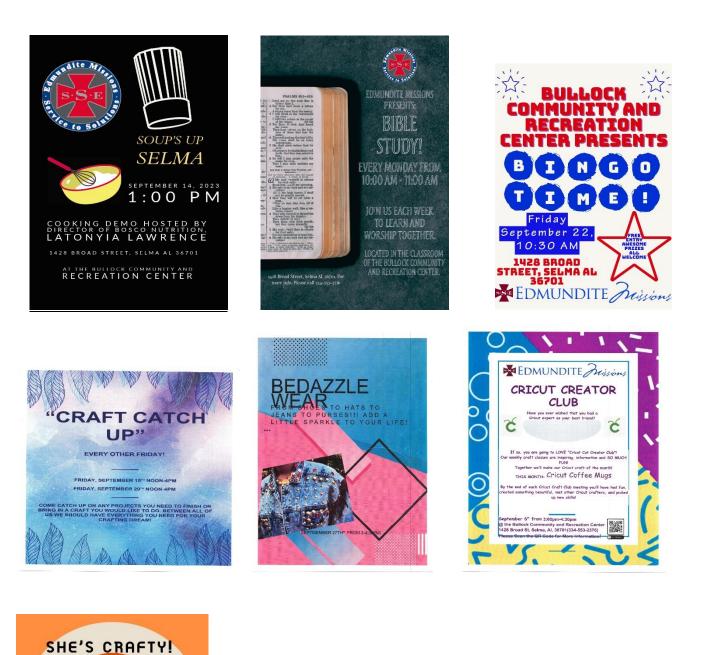
Sunday	Monday	Tuesday	Wednesday	<u>Thursday</u>	1. Friday	2. <u>Saturday</u>
		<u></u>			9 – 5:30: Gym 9 – 5:30: Fitness Rm. 1-3: Spades and Domino's	9-1: Gym 9-1: Fitness Rm
3.	 4. 9-4: Open Gym 9-1:45: Fitness Rm 10-11: Bible study 11-12: Computer Education Education Bullock Close At 1:00PM Labor Day 	5. 9-1:45: Open Gym 9-5:30: Fitness 2-3: Silver Sneakers (G) 3-5:15: Gym 4:30-5:30: Music Lessons (Piano) 5:30-6:15- Body Toners	6. 9-5: Open Gym 9-1:45: Fitness 11-12: Computer Education 1-3: Legal Clinic 2-3: Silver Sneakers(F) 3-4:30: Cricut Creator Club (arts and crafts) 4-5:30: Dance 5:30-6:15: Body Toners	7. 9-1:45- Open Gym 9-5:30 Fitness 11-12: Computer Education 2-3: Silver Sneakers(G) 3-5: Karaoke 3-5: Karaoke 3-5:15-Gym 5:30-6:30 Zumba	8. 9 – 5:30: Gym 9 – 5:30: Fitness Rm. 1-3: Spades and Domino's	9. 9 – 1:00: Gym 9 -1:00: Fitness
10.	11. 9-4: Gym 10-11: Bible study 9-1:45: Fitness Rm 11-12: Computer Education 2-3:00: Silver Sneakers(F) 5:30-6:30: Zumba	12. 9-1:45: Open Gym 9-5:30: Fitness 2-3: Silver Sneakers (G) 3-5:15: Gym 4:30-5:30: Music Lessons (Piano) 5:30-6:15- Body Toners	 13. 9-5: Open Gym 9-1:45: Fitness 11-12: Computer Education 2-3: Silver 2-3: Silver Sneakers(F) Bedazzle Wear (Arts and Crafts) 4-5:30: Dance 5:30-6:15: Body Toners 	 14. 9-1:45- Open Gym 9-5:30 Fitness 12-1: Computer Education Education 1-2: Cooking Demo 2-3: Silver Sneakers(G) 3-5:15-Gym 5:30-6:30 Zumba 	15. 9 – 5:30: Gym 9 – 5:30: Fitness 12-4: Craft Catch Up (arts and crafts) 1-3: Spades and Domino's	16. 9 – 1:00 Gym 9 – 1:00 Fitness
17.	18. 9-4: Gym 9-1:45: Fitness Rm 10-11: Bible study 11-12: Computer Education 2-3:00: Silver Sneakers(F) 5:30-6:30: Zumba	19. 9-1:45: Open Gym 9-5:30: Fitness 2-3: Silver Sneakers(G) 3-5:15: Gym 4:30-5:30: Music Lessons (Piano) 5:30-6:15- Body Toners	20. 9-5: Open Gym 9-1:45: Fitness 11-12: Computer Education 2-3: Silver Sneakers(F) 4-5:30: Dance Recital 5:30-6:15: Body Toners	21. 9-1:45- Open Gym 9-5:30 Fitness 11-12: Computer Education 2-3: Silver Sneakers(G) 3-5: Karaoke √√√ 5:30-6:30 Zumba	22. 9 – 5:30: Gym 9 – 5:30: Fitness Rm. 10:30-11:30: Bingo 2000 2000 2000 2000 2000 2000 2000 20	23. 9-1:00: Gym 9-1:00: Fitness



September 22, 2023 | 12:00 PM - 2:00 PM

This Month's Craft: Mirror Magic! Bullock Community and Recreation Center 1428 Broad Street Selma, Al 36701 Phone # 334-553-2736 SEPTEMBER 2023 Calendar

9-4: Gym	9-1:45: Open Gym	9-5: Open Gym		0 5.20. 0	
		J J. Open Oym	9-1:45- Open Gym	9 – 5:30: Gym	9-1:00: Gym
9-1:45: Fitness Rm	9-5:30: Fitness	9-1:45: Fitness	9-5:30 Fitness	9 – 5:30: Fitness	9-1:00:
10-11: Bible study	2-3: Silver	11-12:	11-12: Computer	Rm.	Fitness
11-12: Computer	Sneakers (G)	Computer	Education	12-4: Craft Catch	
Education	3-5:15: Gym 4:30-5:30: Music Lessons (Piano)	Crafts)2-3: Silver2-3: Silver2-3: SilverSneakers(G)Sneakers(F)3-5:15-Gym5:30-6:15: Body5:30-6:30 Zumba	Up (arts and crafts) 1-3: Spades and		
2-3:00: Silver Sneakers(F) 5:30-6:30: Zumba	5:30-6:15- Body Toners		3-5:15-Gym	Domino's	
	11-12: Computer Education 2-3:00: Silver Sneakers(F)	11-12: ComputerSneakers (G)Education3-5:15: Gym4:30-5:30: MusicLessons (Piano)2-3:00: Silver5:30-6:15- BodySneakers(F)Toners	11-12: Computer EducationSneakers (G) 3-5:15: Gym 4:30-5:30: Music Lessons (Piano)Computer Education2-3:00: Silver Sneakers(F)5:30-6:15- Body Toners2-3: Silver Sneakers(F)	11-12: Computer EducationSneakers (G) 3-5:15: Gym 4:30-5:30: Music Lessons (Piano)Computer EducationEducation2-3:00: Silver Sneakers(F) 	11-12: Computer EducationSneakers (G) 3-5:15: Gym 4:30-5:30: Music Lessons (Piano)Computer EducationEducation12-4: Craft Catch Up (arts and crafts)2-3:00: Silver Sneakers(F) 5:30-6:30: Zumba5:30-6:15- Body TonersComputer Education2-3: Silver Sneakers(F) 5:30-6:15: Body 5:30-6:15: Body2-3: Silver Sneakers(F) 5:30-6:15: Body12-4: Craft Catch Up (arts and crafts)





Bullock Community and Recreation Center 1428 Broad Street Selma, Al 36701 Phone # 334-553-2736 SEPTEMBER 2023 Calendar